**SPEAKER:** Dr Sybrand De Swardt

**TITLE:** Biblical Change for the Dysfunctional Family

1. **Introduction**
2. **Temptation Plan: A Suggestion for Change**
   1. Take inventory of where you have come from, where you are and where you are going
      1. Acknowledge your past
      2. Acknowledge your present
      3. Look forward to the future
   2. Change starts with knowing the effect of your sin
      1. Your sin affects your relationship with God
      2. Your sin reflects poorly on Christ
      3. Your sin affects others
   3. Change starts with God’s accomplishments
      1. Victory over sin is a result of God’s work
      2. Any accomplishment is the result of God’s work in us
      3. Any accomplishment is achieved by walking in the Spirit, in dependence on the Spirit.
   4. Change takes place in particular seasons
      1. Many dysfunctional families live defensively
      2. Live the Christian life offensively
   5. Change involves parents who watch and pray
      1. Watch (Matt 26:41)
      2. The word “watch” literally means “be on guard”
      3. Pray: Ask God for His kingdom to come in our families
   6. Change has a specific focus
      1. Problem-centred change
      2. Person-centred change
   7. Change is accompanied by regular reminders of God’s plan for the family
      1. Cultural mandate
      2. The basic building block of society
      3. The Godhead is a perfect example
   8. Change must first be directed at yourself
      1. The way God shaped your heart
      2. The expression of your personal sin profile
      3. Your personal track record
      4. Don’t get trapped in your own personal, private maze but rather turn your discoveries over to God
   9. Change acknowledges the warlike context in which change needs to happen
      1. Confess the personal contributions you have made to God
   10. Change trackers
   11. Biblical change is active
       1. Ephesians 4:21-24
       2. Biblical change involves putting off sinful patterns (22)
       3. Biblical change involves putting on godly patterns (24)
       4. Biblical change contains the active ingredient of truth (23)
       5. Biblical change contains gospel-centred realities
       6. Biblical change considers Bible-centred solutions
          1. The sufficiency of Scripture
          2. The imperatives of God are preceded by the indicatives of God
       7. Biblical change aims at God-glorifying solutions
   12. Use Biblical terms for sinful patterns