**SPEAKER:** Dr Glenn Dunn

**TITLE:** Putting Your Past in Its Place

**TEXT:** Psalm 145:1

**Introduction: Case Studies**

**Two Points to Consider:** 1. Two Different Kinds of Pain from The Past and 2. God’s Word Helps Us Get Past our Past.

1. **Two Different Kinds of Pain from the Past[[1]](#footnote-1)**
   1. Personal sin-shame
   2. Victimization sin-shame
2. **God’s Word Helps Us to Get Past Our Past (Ps. 145:1)**
   1. I will extol You (1)
   2. Every day I will bless You
      1. David’s example
      2. Joseph’s example in Genesis 50:20 – The Joseph Principle
      3. Jesus Christ’s example in Isaiah 53:10

*The Response of Faith:* “There is no aspect of life but that the gospel has something to say about it. The whole of life must come under its influence because it is all-inclusive; the gospel is meant to control and govern everything in our lives.”[[2]](#footnote-2)

1. **Application**
   1. Philippians 3:13c-14
   2. The danger of putting too much stock in memories
   3. Paul’s counsel: remember what must be remembered and forget that which should and can be forgotten!

2 Corinthians 5:17 and 1 John 1:7c

* 1. Practicing praise

1. Ed Welch, When People are Big and God is Small, (adapted). [↑](#footnote-ref-1)
2. Martin Llyod-Jones, Spiritual Depression, 56. [↑](#footnote-ref-2)